



Great Notley Parish Council

This plan considers the work of Great Notley Parish Council both during the current circumstances and into the future. It will be updated and amended in light of any new information, guidelines or strategic goals the Parish Council sets.

It will illustrate how Great Notley Parish Council will consider Social Isolation, Mental Health, Learning Disability, Physical Activity and Weight Management into their vision for the Parish.

# Great Notley Parish Council COVID-19 Support:

## **Great Notley GP Surgery:**

The Square, Notley Green, Great Notley CM77 7US

phone: 01376 341411

**Pharmacy services available at the Tesco Store**

## **Government Hotlines:**

**NHS:** 111 or 111.nhs.uk

**School Closures:** 0800 0468687

**HMRC:** 0800 0159559

**Universal Credit:** 0800 3285644

**Local Coronavirus Support:** If you are a resident in self isolation or unable to leave the house, Volunteers are available to help from the following sources.

**The Church in Great Notley:** 01376 567971

**Essex Welfare Service:** 0300 303 9988 <https://www.essexwelfareservice.org.uk/>

**Community 360:** 01376 550507 <https://www.community360.org.uk/>

**Essex Coronavirus Action:** <https://www.facebook.com/essexcoronavirusaction/>

## **Other Support Networks:**

**Domestic Abuse:** 03303337444 or [www.essexcompass.org.uk](http://www.essexcompass.org.uk)

**Mental Health Support:** [www.mind.org.uk](http://www.mind.org.uk)

Areas of Support Available	Physical Activity	Social Isolation	Mental Health	Learning Disabilities	Weight Management
	<ul style="list-style-type: none"> <li>• The Parish Council manages the following areas for the use by residents:               <ul style="list-style-type: none"> <li>• Levens Way Play area</li> <li>• The Recreational Area for Teenageres (RAFT)</li> </ul> </li> <li>• The Parish Council promotes use of the PROWs.</li> <li>• For the General health and well being of the parish, the Parish Council purchased a defibrillator which is housed at the Church in Great Notley.</li> </ul>	<ul style="list-style-type: none"> <li>• The Parish Council organises community events such as the Torchlight Procession, the Remembrance day event and ad hoc activities such as the bluebell planting project</li> <li>• The Parish Council promotes to residents Volunteer groups and the services they offer.</li> <li>• The Parish Council works collaboratively with local groups for example: supporting the NGCA regarding the organisation of the fete.</li> <li>• The Parish Council provides financial support to local volunteer groups via its small grant scheme.</li> </ul>	<ul style="list-style-type: none"> <li>• The Parish Council promotes awareness of the issue and signposts services.</li> <li>• The Parish Council hosted a Dementia Friends session for the community and will continue to consider hosting similar events in the future.</li> </ul>	<ul style="list-style-type: none"> <li>• The Parish Council promotes awareness of the issue and signposts services.</li> </ul>	<ul style="list-style-type: none"> <li>• The Parish Council promotes awareness of the issue and signposts services.</li> </ul>

AREAS OF SUPPORT AVAILABLE	PHYSICAL ACTIVITY	SOCIAL ISOLATION	MENTAL HEALTH	LEARNING DISABILITIES	WEIGHT MANAGEMENT
Applicable during COVID-19 Restrictions.					
	<p>Residents are permitted to use open public spaces for exercise, adhering to the Government guidelines. The Childrens' play area and RAFT are currently closed.</p> <p>Social media platforms promoted, for example:  <a href="#">Active Essex Youtube Channel</a></p>	<p>Local Volunteer groups have been promoted and sources of local support highlighted on the Parish Council Facebook Page.</p>	<p>Support from GPs, Local NHS and appropriate volunteer support networks promoted on the Parish Council Facebook Page.</p>	<p>Contact <a href="#">your local Mencap</a> for advice.</p>	<p>Support promoted on the Parish Council Facebook Page.</p>

# How the Parish Council shares key information for residents/continues to operate

You can find out information and contact us as follows:

- [www.greatnotley.org.uk](http://www.greatnotley.org.uk)
- Facebook: <https://www.facebook.com/groups/1650769741831891/>
- Email: [greatnotleyclerk@gmail.com](mailto:greatnotleyclerk@gmail.com)
- Phone: 01376 331251
- Noticeboards can be found at:
  - The Community Centre, Notley Green School, at the entrance to White Court and at Ellen Way
- Councillor contacts can be found on the website as well.

## Work being done during COVID-19

- Council business is continuing within Government restrictions and the Clerk continues to work from home.
- All Parish Council meetings are operating through remote technology.
- All Open Spaces are being maintained and litter picking is continuing and in addition there is more frequent emptying of bins.
- Play parks, although shut are being maintained.
- Planning applications are still be reviewed and comments sent in.
- Parish Council social media platforms have been used to disseminate information to residents. In particular substantial amounts of information have been posted on the Parish Council Facebook page in relation to health and wellbeing issues and volunteering in the Parish.
- An informal Health and Wellbeing Working Group has been set up to promote liaison with Community groups predominantly using the Zoom video conferencing platform thus improving the reach of the Parish Council into the community.

## Work being considered for the future

- The upgrade of the RAFT is progressing and the planning application has been submitted.
- Consideration of hosting events to promote health and wellbeing initiatives.
- The Parish Council continues to work towards the position where it will be able to provide allotments for residents

# Dealing with money

- The Parish Council is utilising online banking facilities to continue operating during COVID-19.
- We are strongly encouraging people to make use of online payment services wherever possible in dealing with the Parish Council.
- Please be alert to any scams and report them to the police.



# Staying Safe!

- For those who choose to volunteer it is important to stay safe and look after both your own and your loved ones wellbeing.
- We do not want any Volunteer placed at unnecessary risk, [please observe the NHS advice](#) (it is updated daily) and follow all health and safety requirements (Eg. Washing your hands frequently and wearing a face mask if you feel it necessary.)
- The government has specifically stated that those of us who are leaving the house *“to provide care or help to a vulnerable person”* will be allowed to carry on.



The Parish Council is working hard to continue to maintain the parish at this difficult time. We are also continuously planning for the future and would welcome any suggestions you may have.

Stay Safe.