



Great Notley Parish Council

This plan considers the work of Great Notley Parish Council both during the current circumstances and into the future. It will be updated and amended in light of any new information, guidelines or strategic goals the Parish Council sets.

It will illustrate how Great Notley Parish Council will consider Social Isolation, Mental Health, Learning Disability, Physical Activity and Weight Management into their vision for the Parish.

Great Notley Parish Council COVID-19 Support:

Great Notley GP Surgery:

The Square, Notley Green, Great Notley CM77 7US

phone: 01376 341411

Pharmacy services available at the Tesco Store

Government Hotlines:

NHS: 111 or 111.nhs.uk

School Closures: 0800 0468687

HMRC: 0800 0159559

Universal Credit: 0800 3285644

The Church in Great Notley hub: 01376 567971 or 07956 441711

Essex Welfare Service: 0300 303 9988 <https://www.essexwelfareservice.org.uk/>

Community 360: 01376 550507 <https://www.community360.org.uk/>

British Red Cross Support – 0808 1963651

As well as practical support they offer a befriending service and a hardship fund

Other support agencies

- Carers First 0300 303 1555 or email hello@carersfirst.org.uk
- Domestic Abuse: 03303337444 or www.essexcompass.org.uk
- Mental Health Support: www.mind.org.uk
- Alzheimer's Society – 0333 150 34356 alzheimers.org.uk

Agencies that will refer to other sources of support

- Healthwatch Essex 0300 5001895 or info@healthwatchessex.org.uk (can help people understand and navigate health, social care and wellbeing services in Essex)
- Community Agents 0800 977 5858 or enquiries@caessex.org.uk (help in finding independent living solutions)
- Connect Well Essex – www.connectwellessex.org.uk – a self referral tool containing over 400 local activities and services.

Areas of Support Available	Physical Activity	Social Isolation	Mental Health	Learning Disabilities	Weight Management
	<ul style="list-style-type: none"> • The Parish Council manages the following areas for the use by residents: <ul style="list-style-type: none"> • Levens Way Play area • The Recreational Area for Teenagers (RAFT) • The Parish Council promotes use of the PROWs. • For the General health and well being of the parish, the Parish Council purchased a defibrillator which is housed at the Church in Great Notley. 	<ul style="list-style-type: none"> • The Parish Council organises community events such as the Torchlight Procession, the Remembrance day event and ad hoc activities such as the bluebell planting project • The Parish Council promotes to residents Volunteer groups and the services they offer. • The Parish Council works collaboratively with local groups for example: supporting the NGCA regarding the organisation of the fete. • The Parish Council provides financial support to local volunteer groups via its small grant scheme. 	<ul style="list-style-type: none"> • The Parish Council promotes awareness of the issue and signposts services. • The Parish Council hosted a Dementia Friends session for the community and will continue to consider hosting similar events in the future. 	<ul style="list-style-type: none"> • The Parish Council promotes awareness of the issue and signposts services. 	<ul style="list-style-type: none"> • The Parish Council promotes awareness of the issue and signposts services.

AREAS OF SUPPORT AVAILABLE	PHYSICAL ACTIVITY	SOCIAL ISOLATION	MENTAL HEALTH	LEARNING DISABILITIES	WEIGHT MANAGEMENT
Applicable during COVID-19 Restrictions.					
	<p>Residents are permitted to use open public spaces for exercise, adhering to the Government guidelines. The Childrens' play area and RAFT are currently closed.</p> <p>Social media platforms promoted, for example: Active Essex Youtube Channel</p>	<p>Local Volunteer groups have been promoted and sources of local support highlighted on the Parish Council Facebook Page.</p>	<p>Support from GPs, Local NHS and appropriate volunteer support networks promoted on the Parish Council Facebook Page.</p>	<p>Contact your local Mencap for advice.</p>	<p>Support promoted on the Parish Council Facebook Page.</p>

How the Parish Council shares key information for residents/continues to operate

You can find out information and contact us as follows:

- www.greatnotley.org.uk
- Facebook: <https://www.facebook.com/groups/1650769741831891/>
- Email: greatnotleyclerk@gmail.com
- Phone: 07585 232933
- Noticeboards can be found at:
 - The Community Centre, Notley Green School, at the entrance to White Court and at Ellen Way
- Councillor contacts can be found on the website as well.