

GNT

Great Notley Times
56: Summer 2023





LITTLE NOTLEY'S PRESCHOOL

The Church in Great Notley
phone : 07583 506054 or 01376 33950
Email : littlenotley@btinternet.com
Website: www.littlenotleyspreschool.co.uk

WHY CHOOSE US ?

We are passionate about children and giving them the best start in life and their journey to education. Our timetable of activities is creatively designed to each child's unique personal development needs. Being small and locally owned we encourage a sense of belonging within our community. Providing a safe and homely environment where your child can establish friendships that build their confidence through the shared discovery of new things. Our dedicated, qualified and experienced staff create a secure, safe and stimulating environment that encourages the children to play, explore and learn through exciting activities that children enjoy.

COME AND VISIT US

CALL NOW!

Visit our website

Visit www.littlenotleyspreschool.co.uk for more information



Serving the Great Notley community

We invite you visit us. If you would like to make an appointment to come in please give us a call. We have an open door policy so we encourage you to stop in at anytime for a visit.



Learning through play

Learning through play helps children gain social skills and thrive. We provide a range of stimulating activities enabling children to explore their physical and creative talents.

Now enrolling

Little Notley's Preschool welcomes children from two to four years of age and can accept government funded places from the age of three.

Safe and stimulating

A welcoming indoor and outdoor environment that motivates children to learn. Toys, books, equipment and facilities to keep children entertained and stimulated throughout the day.



We are at home in Great Notley



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Great Notley TIMES

Edition	Input Deadline	Delivery
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Edition 56: Summer 2023

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**Uniting the Parish areas of: Cut Hedge - London Road -
Notley Green - Oaklands Manor - Panners Farm -
Slamseys Farm - White Court**

Cover image - Taken by a member of the Great Notley Photography Club

**Local articles of interest, residents views and comments are always
welcome and should be sent to the Editor.
email: editor@greatnotley.org.uk**

Great Notley TIMES

Whilst Great Notley Times is supported by the Great Notley Parish Council, the views expressed within it are not necessarily those of the Council





It has been a busy time for the Parish Council during the last few months. At the annual parish meeting, in March, it was interesting to receive reports from the parish organisations. The Scouts spoke about seeking more adult leaders as well, as young people, to join after lockdown's downturn. The Notley Green Community Association reported that the Ducklings Preschool had received an OFSTED rating of outstanding. Congratulations from us all, to them. The association have also hosted many activities and community events this year and bookings are getting back to pre COVID levels. The WI of Notley Green (WINGS) have had an active year, as ever, and our thanks must go to them for their decorations to celebrate the Coronation and the work they did at Christmas for the Carols around the tree. We are so lucky they are always prepared to help with events in the community. The Church continues to successfully host, the food bank, coffee mornings and other groups, in this its 25th anniversary year.

In May we had the local elections and the year ending commitments which involved quite a lot of work for the council. You will find the accounts and the audit reports in the financial section of the Parish Council webpage. We have welcomed a new councillor, John Cogswell and a new clerk, Elizabeth Winter. Both have started on a steep new learning curve, and we hope they will enjoy being part of our Parish Council. Liz, in particular, has had a lot to do since she started in April with it being such a busy time and we appreciate all she has done. At the council meeting in May we appointed the chairman and vice-chairman, as well as the chairman of the personnel committee, which are unchanged from last year's. We must also recognise the work of all our councillors and of those who are also district and county councillors and therefore able to assist in many issues outside of our remit.

Our litter team continues to work hard to keep our village clean and tidy and have been noting those bins which need replacing as well as dog bins which need to be repaired. The issue of allotments in the parish continues as finding a suitable site is proving to be difficult. The quality of the soil at the last site considered was not suitable. Work by Braintree District Council on the tree strategy, which they hope to

share soon, continues. The replacement memorial tree has now been planted adjacent to The White Court Memorial and, having chosen a more mature one, we hope it will grow well.

Other items of interest are that the Notley Green community association has agreed to the use of its car park for the Community 360 Bus to be positioned on 14th June as part of its Loneliness & Social Isolation Awareness Week. And, Councillor Ricci was contacted by the Deputy Head of White Court School to enquire about installing two disabled parking bays outside the school for drop offs and pick ups and so this will be referred to the North Essex Parking Partnership.

As Summer arrives, we look forward to Great Notley Community Association's fete, which we will support as usual. It is a wonderful event which takes an awful lot of organising and a lot of help from the community. We will also begin planning for our remembrance service in November and look once again for help with any Christmas activities, that may be planned. We reach out to you for any ideas that you might have for community events you would like to see in our village as well as volunteers, to help carry them out. I hope we all have a lovely Summer and the weather is kind to us.

Dorothy Griffin

Chairman Great Notley Parish Council

Notley Green Primary School

Healthy Bodies, Healthy Minds

At Notley Green, we are always thinking about what makes our bodies and minds healthy, so that we are able to learn effectively.

We recently had a Healthy Living week where we learnt all about ways to keep fit as well as life-skills for our futures.

Our whole school took part in a special version of 'Ready, Steady, Cook when the company 'School Food Showdown' came to visit. We watched some of our peers cook a healthy meal from scratch and lots of us were able to have a taste! The whole school smelt absolutely delicious! We all voted for the best team- red tomato or green pepper!



We were lucky enough to learn the life-skill of first aid! Our children are now handy to have in a crisis as they know what to do for CPR and dress wounds!

We had some really exciting physical learning where we learnt all about the importance of exercise and how this contributes to good mental health.



Our children learnt about the different food groups and what constitutes a healthy meal thanks to the company 'Fit4Kids'.



>>> **Could YOU be a Blood Runner?** <<<



↓ See our article ↓

EssexVoluntaryBloodService.com

**Clear Skies**

In the west find Arcturus, a bright orange star. If you find the Big Dipper, it's visible to the north-west, you can spot it using the adage "Ark to Arcturus", follow the Ark of the big dippers handle on an imaginary curve bending southwards until you see a brilliant orange star Arcturus. The two stars at the far edge of the bowl of the Big Dipper will point you towards Polaris, the Northstar. Arcturus is a signpost in the western sky.

Move eastwards, and high in the sky you'll find a 'Summer Triangle' of very bright stars. The one to the south is a blue first magnitude star called Altair. It's the centre and brightest of three stars in a short row. The other two Summer Triangle stars almost directly overhead. To the east is a bright star Deneb. It appears at the top of the big bright cross of stars sometimes called the northern cross. Unlike its smaller but brighter southern namesake the northern cross is not by itself an official constellation; rather it is the neck and wings of Cygnus, the Swan. The brightest of the triangle stars, highest in the sky, is Vega. It's a brilliant blue white star. Compare its colour to the equally bright orange star of Arcturus and the deep red of Antares to its south.

In the south you'll see Antares, a very bright red star it is in the constellation Scorpius which is one of the zodiac, so look out for planets here too.

Antares lies in the path of planets and it's red in colour, Antares can be confused with the planet Mars: Antares is Greek for 'rival of Mars'. However Antares twinkles more than any planet does.

The west of Antares are three bright stars in a vertical row; these are sometimes called the claw of The Scorpion.

Rising to the east of Antares is a set of stars that look like the outline of a house; look more closely for other slightly fainter stars nearby, and you can turn it into the shape of a teapot. Indeed, when the sky is really dark you can see a bright knot of the Milky Way above it that looks like a cloud of steam coming out of its spout. This is Sagittarius, another zodiac constellation and so another place to look for planets. It's also the constellation containing the centre of the Milky Way galaxy, and so the richest region of the sky to look for clusters and nebula.

Rising in the east are the four stars of the Great Square looking more like a diamond than a square during this season and to the north the large W shape of Cassiopeia. The stars will be used later in the year as a guide post In the winter edition.

The Milky Way makes a path of light from north-east to the south. On a good dark night it's nice just to scan your eyes through it looking especially around Sagittarius and Deneb and Cygnus.



Protecting your cycle

Cycles are stolen from many locations including the town centres, transport hubs, residential areas, and educational establishments. Commonly cycles are not secured properly, don't make it easy for thieves: -

1. **Double lock it** - using two locks slows thieves down and makes your bike less of a target. Use two quality locks, at least one of which is a D-lock. Thieves are less likely to carry multiple tools, so use two different types of lock if possible.
2. **Lock the lot** - lock the frame and both wheels to a secure cycle stand.
3. **Secure it** - secure your bike as close to the stand as possible to give any thieves little or no room to manoeuvre.
4. **Take removable parts with you** - Take parts that are easy to remove with you, such as wheels, lights, baskets, or the saddle. Or use locking skewers or nuts which can increase security by securing the bike's components to the frame permanently.
5. **Park securely** - Lock your bike at recognised secure cycle parking. It should be well lit, overlooked and covered by CCTV.

Where do stolen cycles go? A number of places: - some are sold locally, end up in a container abroad, go to another part of the country, or stored in premises for later sale or sold as either a cycle or cycle parts via the internet or third parties.

By taking some appropriate precautions, using good quality security products and using them well, should help you to keep your property safe. Use the best security you can afford. Don't secure a £2,000 bicycle with a £10 lock! As a guide look to spend 10-15% of the value of the item on its security. Look for a "Sold Secure" certified chain **and** padlock or "D – Lock" preferably 'Gold' rated but certainly not below 'Silver'.

Make a note of the frame number, security mark the cycle; there are a number of different methods available such as www.datatag.co.uk, www.bikeregister.com, (others are available and can be found on the Secured by Design website below) and you can register property including cycles free of charge at www.immobilise.com . Take a photograph of the cycle and any areas of damage or marks of identification, some insurance companies may require a photograph with the cycle owner in the picture with the cycle.

Don't forget security at home: 1. don't leave garage doors open for long periods showing your expensive cycle and other property, 2. consider a "Ground anchor" or "Shed shackle" within your shed or garage to secure your cycle to, 3. look at your shed or garages security and ensure you have good locks and that the hinges are protected, 4. consider a shed alarm.

Check with your insurance company to see what security standards they require for your insurance cover to be valid.

For suitable security products see www.securedbydesign.com or www.soldsecure.com .

For further advice see: <https://www.essex.police.uk/cp/crime-prevention/keeping-vehicles-safe/how-safe-is-your-bike/>, <https://www.securedbydesign.com/guidance/crime-prevention-advice/bike-security> and <https://securityforbikes.com/bicycle-security-advice.php>



Update



Braintree

"The walking group with something for everyone"

It hasn't always been very sunny so far this year, but we've managed to keep up our three walks a week. Several new members have joined us and on some Monday mornings more than 30 walkers have met up outside Panner's Coffee Bar. Now that summer is here, we've begun our occasional 'country walks'. A cloudy, but thankfully dry, day in May saw fifteen of us set off across the causeway over Abberton Reservoir for a 3½-mile walk, followed by lunch, enjoying the fantastic views from the Essex Wildlife Trust visitor centre.



In the Spring, seven of our members, mostly Walk Leaders, were able to receive First Aid training, funded by a Councillors' Community Grant from Braintree District Council.

As you can see, it was a thoroughly enjoyable experience, described by one participant as "the best course of this sort that I've attended". The grant also enabled us to buy first aid kits, which we hope we won't have to use very often. We are extremely grateful to Councillors Tom Cunningham, Graham Butland and especially Frankie Ricci for supporting our application.



We offer walks to suit everyone and a chat over tea/coffee afterwards:

Mondays: Gt. Notley - Meet at Panner's Coffee Bar by 10:30 am

Wednesdays: Braintree, - Meet in Marks Farm Tesco car park by 10:30 am

Saturdays: Witham - Meet in Morrison's car park by 10:00 am

For fun, exercise and companionship, why not come and try us out?

For further details:

Email angela@angelagakis.com or Phone 07799 068408



Woman's Institute

WINGS (Women's Institute) Notley Green

Our members have continued to be busy trying and learning a number of new skills in a creative way, thanks to our National Lottery Awards for All.

We have enjoyed a Paint Along party, felted Spring decorations, Mandala Plant pots and Organza hand embroidered pictures With fabric covered notebooks still to come!



As with our tradition, WINGS decided to decorate the Great Notley Village sign in celebration of the King's Coronation. At our April meeting all members made their contribution by making "Suffolk Puffs" to represent rosettes in red, white and blue for all the community to enjoy.





At monthly meetings we have been educated, learning all about our pelvic floor and had fun with some exercises. We had a go at cake decorating with Denise Hanley. Hannah Powell from the garden nursery – Perrywood’s, told us the history of how her family started the nursery and how it grew into the successful and well known business it is today. After the formalities of our May AGM we enjoyed a Street Party to celebrate the King’s Coronation with decorations and a bring along supper

Any non-member can attend our meetings as a guest and will be welcomed. So please do come along if you feel this is of interest to you. We also have a range sub-groups for all interests such as, a Book Club, Film Club, Gardening Group, Knit and Natter as well as going on outings to the cinema and theatre trips.

Our programme of speakers/demonstrators for the next few months include:-

17 August – Self-led local walk

15 September – Sainsbury’s Archives

19 October – Being an independent Celebrant – Ruth Salisbury-Higgs

16 November – Woolly hats

21 December – Christmas Social

Meetings are held on the third Thursday of the month at the Notley Green Community Centre Hall from 7.45 to 10pm including some social time, speaker or activity, a chance to meet old friends and make new ones. This is what WINGs do - we support our local community, we bake, we craft, we sew, we campaign, we educate and inspire, we love a good party – it’s not all jam and Jerusalem. So why not come and find out more as we would really look forward to seeing you soon at one of our meetings or visit us at a community event.

For more information contact: joinourwi@gmail.com Visit us on Facebook: <https://www.facebook.com/womensinstitutenotlevgreen/>



5 6 7 8...

Summer Term is show term.

The first show is Take The Stage at the Cliffs in Southend on 2nd July.

Thirty-six pupils have been rehearsing every week to perfect their dances choreographed by Zoe Gullen, Amy Gorham and Rachael Barlow and they will join 10 other prestigious Essex dance schools for the performance. Its

such an honour to be involved and a wonderful experience for the pupils. Some of the seniors dancing are leaving to go on to Uni in September. We will miss them so much as they have been with us since they were tiny.



We are also rehearsing for our show, “Rocking Around the World”, at The County High School on 16th July. This will include everybody from the tiny 3-year-olds to the seniors. It will be the first time on stage for many and our first “big” show since lock down. It’s going to be great fun. If anyone would like to come and watch, please contact us on the email below.

As well as these shows you can catch us at White Court School Fete

on 1st July and Great Notley Fete on 15th July.What a busy time!

We have had several 18th birthdays to celebrate – Michaela, Bea, Abbie, Ellie, Rosalie, (who was born on 5/5/2005) Annabelle and Mia. Congratulations girls.

Its lovely to see Miss Tiana return after a serious illness. She is not completely up to scratch yet so is ably helped out by her wonderful sister Shani. Between them they have choreographed some fabulous Street and Lyrical routines. Thanks to you both.

At the last exam session, everyone passed and we had several distinctions. Kimberley Hancock, Daisy Hayes, Annabelle Goldberg and Chiara Stabellini gained the highest marks.

If anyone would like to join us there are lessons in Ballet, Tap, Acro, Lyrical, Freestyle and Street at Notley Green and White Court School. Contact Miss Margaret on whitecourtdance@hotmail.co.uk or follow us on Facebook for more information.



Great Notley TIMES

GP Update



Update

GP surgery Patient Participation Group

The Great Notley surgery wishes to let you know about its Patient Participation Group.

The aim of the group is to work with their practice to provide practical support, to help patients take more responsibility for their own health and to provide strategic input and advice. PPGs are based on cooperation between the practice staff and patients.

In particular the Group issues a regular newsletter which contains lots of useful information about the practice and managing your health and the group would particularly like patients to know how to obtain a copy.

You can download a copy at www.littlewalthamsurgery.co.uk/patient-participation-group and click on 'newsletter' on the left-hand side of the screen.



Are you looking to make changes
to improve your social, physical
and mental wellbeing?



Live Well Link Well is free and confidential support
of a non-medical nature. We can help you with:

- Healthy living
- Quitting smoking
- Physical and mental wellbeing
- Independent living
- Mobility and equipment
- Home adaptations
- Safety and security
- Looking after someone
- Social Inclusion
- Getting out and about
- Money worries



How do I access the support?

If you are aged over 18 and live in Essex

T: 0300 303 9988

(Monday to Friday from 8am – 7pm)

E: livewell.linkwell@nhs.net



Graham Butland, Tom Cunningham and Frankie Ricci

During the summer months we see a rise in the number of “Creeper Burglaries” where burglars take advantage of open gates, windows and doors.

An open or insecure garden gate will provide the thief with access to the back of your home. If you have unoccupied rooms that are accessible to others from outside or off flat roofs make sure the windows are closed, if you need ventilation in these rooms whilst at home at least lock the larger window and only have the small window open even during the daytime. If you only have bigger windows consider a lockable window restrictor and a small alarm sensor on the window to detect entry.

Leave any accessible door open or insecure and an opportunist thief will pop in and anything lying around will be gone. You may have only popped next door, or down the end of the garden or having a quick shower; it only takes a second for a thief to steal.

Tips for a crime free summer:

Parked cars – Don’t leave property on display in the car. Are the windows shut and doors locked (don’t assume that by pressing the button on the remote it is locked, try the handle too)? **A lot of thefts are from insecure cars and vans.**

Don’t attract a thief with visible insecure and unattended pedal cycles.

Keep side or rear gates, sheds and garages shut and securely locked.

Doors closed and locked? Don’t forget that with a PVCu multi-locking door you may have lifted the handle but until you turn the key or thumb turn on the inside you have not locked all the locks in place. **Before going out or turning in for the night** don’t forget to check all doors, someone may have closed it but did they lock it?

Windows - lift the blinds or open the curtains and check they are closed, the sun may have been on the TV when it was hot, and so the curtains were drawn with the window open. Remember the above advice about open windows. **Make sure in case of fire that keys to windows and doors are readily accessible to occupants** but not in view of possible burglars.

If you have an intruder alarm activate it when going out and activate the zone for the unoccupied area whilst in.

Car keys - **don't** take them to bed with you, where possible leave them in noisy drawer/location. Keep the keyless fob in a "Faraday" bag.

If you do hear a suspicious noise in the house that you are not happy with dial 999 and make a noise, shout out, it could cause any intruder to flee, they may not have known you were home, remember your life is more important than your property. If safe to do so get a good description of the person/s and if possible the car index number and direction of travel.

Stopping for lunch, a drink or a cuppa whilst out, soaking up the sun, or going down to the sea, don't drop your guard. If you don't pay attention to your camera, mobile phone, sunglasses, purse or wallet and a thief sees them they will steal them.

Social Media – When using "Facebook" or other social media be wary of announcing to the world that you are away and your house is empty. Make sure your profile does not contain private information that would identify you or your address to a stranger.





WI

Our group is continuing to grow and we are now up to just under 50 members. In January we began the year with the “Unspeakable Conversation”. Ian Nicholson gave us a talk on the importance of making a Will and having a Power of Attorney.

A lighter note in February, Rose from Digigo came and told us all about how we can make use of this service. Something different in March. We got off our seats and on our feet. One of our members, Ann, taught some line dances. Great fun.

In April a nostalgic look back at the time when no holiday was complete without sending a saucy postcard. In May we held our Annual Meeting followed by a special Coronation tea. We toasted His Majesty with Prosecco. As you can see we have a varied programme. Some of the things coming up are a talk by David Webb, an ex Yellow Coat, another visit from Amanda Sutherland and in March next year Charlie and the Dig. A talk by Charlie Haylock who coached Ralph Fiennes in the Suffolk accent for the the film “The Dig”, shown on Netflix, about the famous Sutton Hoo burial ship.

We meet on the first Monday of the month (unless a Bank Holiday) in the Notley Green Community Hall, from 10-00 – 12.00. Come and give us a look.



Scouts



1st Great Notley Scout Group

The fun continues!



A slightly soggy St George's Day with climbing wall!

We have continued to be Scout and about over the last few months, learning new skills and meeting new people!

We have welcomed new leaders to our team and helpers and there are still a few volunteering opportunities available, from helping to run our sections, raise funds, organise activities and events ... just ask!

scouts.org.uk/join

#SkillsForLife

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We are looking forward to running the BBQ at the Great Notley Fete on 15 July – come and say hello!



Our Schedule:

Great Notley

Wednesday:

Beavers 5.30 – 6.45pm

Cubs 6.30 – 8pm

Scouts 7.30 – 9.15pm

Great Leighs

Monday:

Beavers 5.30 – 6.45pm

Scouts 6.45 – 8.30pm

Tuesday:

Cubs 6.30 – 8pm

 /GtNotleyScouts

**Advertising****Advertising in the Great Notley Times**

The Great Notley Times is delivered to approximately 3142 homes within the Parish of Great Notley. It is published by the Parish Council three times a year. The Parish Council are pleased to support local businesses by providing advertising space in this magazine.

Advertising rates are on a four editions basis so that your advert will appear in four consecutive issues. The rates are as follows –

Inside the magazine: NB: The magazine is now printed in full colour

One eighth page £40

One Quarter page £80

One half page £160

Please note that the rates for the internal adverts only guarantees an advert within each magazine and does not guarantee a specific space as the setup of the magazine is dictated by editorial content.

A limited number of full colour adverts can also be accommodated on the inside of the front or back covers at the following annual rates Half Page £200 and One Quarter page £100

To advertise in this magazine please contact the editor by email editor@greatnotley.org.uk where you will be sent a booking form to return to the same email address, you can also email your artwork to this address once your advert has been approved.

Enquire now for September 2023

- 15/30 hour funded places
- Term time only care
- Forest School
- Enrichment opportunities
- Wrap around care 7:15 am - 6:00 pm



White Court School



Confidence is a Superpower!

Confidence is like a superpower for kids! Confident kids are more likely to try new things, express themselves effectively, and perform better in school. At Rascals boosting confidence is what we do! We help our children build their confidence & this can make a huge difference in their lives. When children believe in themselves and their abilities, they can accomplish great things, overcome obstacles, and take risks.

At Rascals we boost our children's confidence with positive praise, enthusiasm & energy. So many parents comment on how attending Rascals has helped their child's confidence at school. Their schoolteachers have noticed that they are participating much more in group discussions, putting their hand up and offering ideas & suggestions & not afraid to put themselves forward in group tasks. If your child struggles to get involved at school, attending a Rascals class will give them the confidence to believe in themselves & take part!

Encouraging your child to get physical will help massively in boost their confidence, whether it's through joining a performing arts class or taking up a sport, moving your body will help the to move forwards in life! Having confidence will make them feel more comfortable and secure in their bodies which can lead to better physical coordination and athletic ability and will help to boost your child's self-esteem!

We believe that our students can achieve great things & help them to believe in themselves too! Here are just a few more reasons why giving your child's confidence a boost is so important:

- Confidence helps children build and maintain positive relationships, leading to a more fulfilling and enjoyable life
- Confidence can help children express themselves effectively, both verbally and non-verbally, leading to better relationships and stronger connections with others
- Confidence can help children cope with stress and anxiety, improving their overall mental well-being
- Confidence gives children the belief they can handle challenges and bounce back from setbacks, developing resilience.

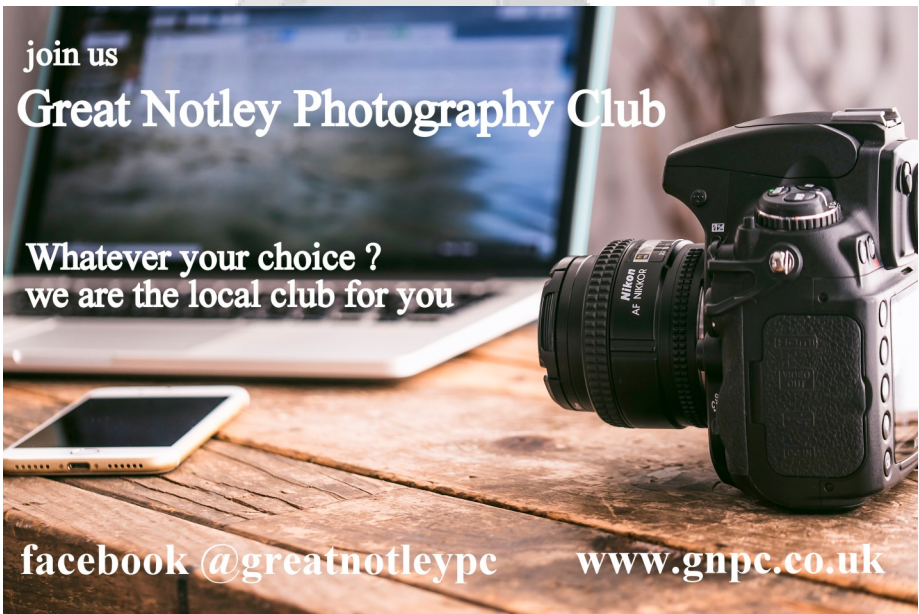
If you are looking for a super fun way to help do all of this, then joining a performing arts class like Rascals could be just what you are looking for!

Diane Neave
www.rascals-uk.com



join us
Great Notley Photography Club

Whatever your choice ?
we are the local club for you



facebook @greatnotleypc www.gnpc.co.uk



Summertime Home Security Advice

Even if you are at home working or relaxing still consider your home security. As it gets warmer, we tend to see a rise in the number of “Creper Burglaries” where burglars take advantage of open windows, and doors, and an open or insecure garden gate will provide the thief with access to the back of your home.

A few tips for keeping your home secure:

Don't attract a thief with insecure pedal cycles or cars on display.

Keep side or rear gates, sheds and garages shut and securely locked.

Before going out or ‘turning in for the night’ lift the blinds or open the curtains and check windows and patio doors are closed, when it was hot the sun may have been on the TV, and so the curtains were drawn whilst the window was open or someone may have closed it, but did they lock it?

Doors - Leave any accessible external door open or insecure and an opportunist thief could pop in and anything lying around may be taken. You may have only popped out, or down the end of the garden or having a quick shower; it only takes a second for a thief to steal. Don't forget that with a PVCu multi-locking door you may have lifted the handle but until you turn the key (or on some doors a thumb-turn on the inside) you have not locked all of the locking bolts in place.

Windows - If you have unoccupied rooms that are accessible to others from outside or off flat roofs make sure the windows are closed, if you need ventilation in these rooms whilst at home at least lock the larger window and only have the small window open even. If you only have bigger opening windows, consider a lockable window restrictor and a small alarm sensor on the window to detect entry.

If you have an intruder alarm activate it when going out and activate the zone for any unoccupied areas whilst in.

NB: In case of fire or other emergency ensure that keys to windows and doors are always readily accessible to occupants but not in view of possible burglars.

For further crime prevention advice see: www.essex.police.uk/cp/crime-prevention/ or www.securedbydesign.com/guidance/crime-prevention-advice/home-security

FINCHINGFIELD 3-LEGGED RACE

SUNDAY 10TH SEPTEMBER 2023



FREE
ENTRY

RUNNERS
WANTED

TEXT

07903 222039
FOR DETAILS

FUN ON THE GREEN FROM 1PM
BBQ BAR STALLS MUSIC RAFFLE
ADULTS RACE KIDS RACE DUCK RACE

MADE POSSIBLE WITH THE SUPPORT OF
OUR FANTASTIC LOCAL BUSINESSES

SCAN ME





You are at position 8...

**Little Waltham & Great Notley Surgeries
Patient Participation Group
Participate and help us, help the doctors, to help you!**

Can't get through on the phones?

We know it's difficult. We aim to have 3 receptionists at each site every morning to help ease the phone queues and the queue of people coming into the surgery, but we realise we need to do more.

Participate and share your ideas as to how we can solve the problem

Can't see the GP?

We are offering more Face-to-Face appointments, pre-bookable appointments and on the day appointments.

We have a variety of clinicians including Nurse Practitioners, Paramedic, Physio, Practice Nurse, HCA, Clinical Pharmacist.

We are now able to offer early morning blood tests and some evening appointments.

Participate and help research other possibilities and solutions!

Why should you join the Patient Participation Group?

To have your say as a valued patient of the surgery.

To help liaise and communicate between the patients and the surgery.

To help our surgeries be the best they can be!

Interested?

Then email :

Anne Johnson acarpinteiro@hotmail.co.uk

Gill Sturman : sturman.gill@gmail.com

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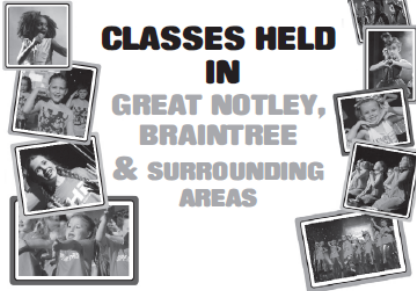
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Registration forms can be obtained from the school website:-
www.whitecourtschool.co.uk
(under information on the Nursery page)

For more information please call the school office:
Tel: 01376 331801
OR

Email: EYadmin@whitecourt.essex.sch.uk

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Great Notley Photography Club



GNPC has been keeping busy during the 2022/23 season.

In February we dusted off and set up the club's studio lighting equipment for our 'Lights, Camera, Action' night for our members to use and experiment with.

One of our more experienced members, Tom, gave a very helpful and informative introduction on lighting and studio photography which was much appreciated by all. A few of the resulting images below:-



We have also had 2 print competitions, one for single images and the other a Panel of 3. We had unprecedented number of images entered. A few of the single images are below that scored 9+ out of 10 and the winning Panel of 3 which scored a maximum 20/20 and was Image of the night (Rod Nixon's 'Starters, Mains and Desert'.



We had a Club 'Photo Walkabout' to see the bluebells at Chalkney Woods, near Earls Colne at the end of April. We timed this just right as the display was wonderful and we finished off the morning with

tea/coffee and cake at nearby Olivers Garden Centre.

Great Notley Photography Club is a friendly photographic club and we pride ourselves on the variety of programme including workshops, competitions, external and club speakers, photography outings etc. Our approach has always been to encourage members to get out and use their cameras from the simplest mobile phone to the most complex DSLR. As they say, the best camera is the one that you have with you - better to get the shot than no shot at all.

We have our final DPI (digital) competition on 8th June, and also our AGM on 22nd June where presentations will be made to the winners of our digital, print, most improved photographer and image of the year.

The club welcomes new members of all standards and all we ask is that you are keen to learn, share and develop your skills in photography. If you are interested in photography why not come along and meet us. We are always pleased to see new/prospective members at our meetings.

You will also be able to find us at a few local events during the coming months:-

Saturday 10th June – The Church, Great Notley – 25th Anniversary Celebration.

Saturday 15th July – Great Notley Village Fete & Party on the Green

Sunday 8th October – Cressing Temple Barns ‘Apple Day’.

If you are interested in finding out more about Great Notley Photography Club, we hold meetings on alternate Thursdays at The Church, Great Notley. Details can be found on our website www.gnpc.co.uk or email gnpc.photo@gmail.com for more information.

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**Update**

The Great Notley Table Tennis club is a fun club that meets every Thursday morning at the Community Centre Hall between 10am and 1pm. The three hour session gives flexibility so that members can come for all or part of the morning. We have 5 tables in use so there is never too much sitting around waiting for a game. We are a sociable and friendly club and we welcome new players. Our members have very mixed levels of ability. If you would like to come along and have a couple of free taster sessions or would like any other information please call club secretary

Pauline Davis on **0752 7079112**

Many thanks

Pauline Davis

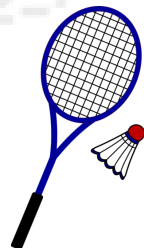
Secretary GNTTC

**Update**

If you enjoy social badminton then please call in any Tuesday between 1.30pm and 3.30pm at the Notley Green Community Hall and join us for a FREE taster session. There is a small session fee on subsequent occasions.

It doesn't matter what standard you are or whether you have never played before. We are a friendly bunch, so just drop in and give it a try. We can supply a racquet, but please wear trainers with non-marking soles.

Contact Keith on 01376 327687 or just turn up!





Art Club	Isobel Chaudry	01376552376
Badminton	Keith Hind	01376 327687
Carpet bowls	John Andrews	chairman@notleygreencarpetbowls.co.uk
White Court Dance club	Margaret Cave	07809 042964
Church in Great Notley		01376 330988
Women's Institute	Linda Pickers	07713 754414
NGCA		01376 348449
Photography club		gnpc@gmail.com
Slamseys	Ruth Wheaton	01245 361400
Scouts	Ann Quartermain	ann.quartermain@greatnotleyscouts.org
Table Tennis Club	Pauline Davis	0752 7079112
Toddler Group	NGCA	01376 348449
Workout	Brendan Cassidy	thechair@ngca.org.uk
Gardening Club	Pauline Inskipp	01376 342165
Local History Group	Mike Bardell	topbard@yahoo.co.uk
Notley Yoga	Leigh Acteson-Rook	07723 321818
Feel Good Pilates	Karen Blackburn	07515 547683
GP Surgery		01376 341411
Ducklings Pre-School	Julie Cook	01376 340432
Little Notleys pre-school	Steph Long	01376 339590
Busy Bees nursery	Melissa Harrison	07723 321818
White Court Primary School	Candida Burrell	01376 331801
Notley Green Primary Sch		01376 343485
Brownies and Rainbows		www.girlguiding.org.uk/interested
Rascals	Diane Neave	01376 331543
Walking Group	Angela Gakis	07799 068408 angela@angelagakis.com



Clerk: Elizabeth Winter
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E-mail: greatnotleyclerk@gmail.com

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Graham Sheppard cllrgsheppard@greatnotley.org.uk

John Cogswell cllrcogswell@greatnotley.org.uk

District Councillors

Graham Butland, Frankie RICCI and Tom Cunningham – contact details above.

County Councillor

Graham Butland, Tom Cunningham - As Above

District Councillors

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